



# Vishkanya Yoga in Kundli: Meaning, Formation, Results and Cancellations

By Arpita Nath · Yogas, Doshas & Matching · 2026-10-12

Vishkanya means "poison girl." It is an old yoga from Vedic astrology. The name sounds scary, but it does not mean a person is cursed or dangerous. It points to difficulty in close relationships, especially marriage. It can also give strong charm and a magnetic personality. Despite the name, it can appear in the kundli of a man or a woman.

## How Does Vishkanya Yoga Form?

Vishkanya Yoga is fundamentally an Ashtakoota / Panchang combination that depends on a synchronized intersection of three factors at birth:

1. **The Day of the Week (Vara)**
2. **The Lunar Day (Tithi)**
3. **The Moon's Constellation (Nakshatra)**

Classical treatises - such as the Muhurtha Chintamani and Jataka Parijata - outline standard primary combinations:

- **Sunday (Ravivara):** Birth on the Dwadashi (12th Tithi) under Ashlesha Nakshatra.
- **Tuesday (Mangalavara):** Birth on the Saptami (7th Tithi) under Ashlesha or Krittika Nakshatra.
- **Saturday (Shanivara):** Birth on the Dvitiya (2nd Tithi) under Krittika or Shatabhisha Nakshatra.
- **Saturday (Shanivara):** Birth on the Saptami (7th Tithi) under Revati Nakshatra.
- **Tuesday (Mangalavara):** Birth on the Dwadashi (12th Tithi) under Shatabhisha Nakshatra.

## Planetary Kundli Combinations

Beyond the Panchang definition, several traditions identify a secondary Vishkanya influence

directly inside the birth chart (D1):

- Natural malefics (such as Saturn and Mars) occupying the Ascendant (Lagna) and the 7th House, while the 6th or 8th house is afflicted.
- Two or more natural malefics hemming or afflicting the 7th house and its lord without any protective aspect from Jupiter or Venus.

### **Challenging effects:**

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- Delay in marriage or trouble finding the right partner.
- Trust issues, misunderstandings and fights in marriage.
- Fear of commitment or an unstable love life.
- Health or stress worries linked to the partner (traditional belief).
- Feeling lonely even in a relationship.

### **Positive effects:**

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- A strong, attractive personality.
- Deep thinking and a mysterious nature.
- Success in research, medicine, psychology, spirituality, politics or the occult.
- Strong willpower after facing hardships.

### **When Do You Get the Most Results?**

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Any yoga gives its results mainly during the right time period. Vishkanya Yoga is strongest:

- In the dasha or antardasha of the planets that form the yoga, such as Mars, Saturn, Rahu or Sun.
- In the dasha of the 7th house lord or the lagna lord.
- During Saturn's transit over the lagna, Moon or 7th house, including Sade Sati.
- Around marriage age, when relationship matters come up.
- When the yoga is made by many planets and conditions together.

### **When Do You Not Get the Results?**

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- When the yoga is weak, with only one condition matching.
- When the dasha running is of a friendly, benefic planet with no link to the yoga.
- When the 7th house and its lord are strong.

- When the person works on their habits, anger and communication, because karma also matters, not only the chart.
- When the yoga is cancelled (see below).

## Cancellation of Vishkanya Yoga (Yoga Bhanga)

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The yoga is reduced or cancelled in these cases:

1. Jupiter's aspect on the lagna, Moon or 7th house.
2. Benefic planets (Jupiter, Venus, strong Mercury) in kendra houses (1, 4, 7, 10).
3. A strong lagna lord, placed well in its own, exalted or friendly sign.
4. A strong Venus (for marriage) and a strong 7th house lord.
5. Mars or Saturn in their own or exalted sign, which turns their harsh effect into discipline.
6. The partner's kundli having a similar yoga or strong protective yogas, which can balance it.
7. A well-placed Moon, especially with Jupiter.

## Practical Checklist to Judge Vishkanya Yoga

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1. Did the birth fall strictly on one of the specific combinations of Day, Tithi and Nakshatra?
2. Does Jupiter or Venus aspect the Ascendant, the Moon or the 7th house? (If yes, the dosha is neutralized.)
3. Is the Lagna Lord strong and placed in a Kendra or Trikona? (If yes, the blemish dissolves.)
4. Is the 7th house in the Navamsha (D9) chart healthy and supported?

## Simple Remedies

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- Chant the Maha Mrityunjaya Mantra or Vishnu Sahasranama.
- Worship Lord Shiva on Mondays.
- Keep Saturday and Tuesday for charity, like food or oil donation.
- Respect elders and keep speech calm and honest.

Vishkanya Yoga is not a final fate. It is a warning that relationships need extra patience, trust and care. Please do not judge your kundli by one yoga alone. A full chart reading by a trusted astrologer is always better.

Find Your Vishkanya Yoga [here](#).

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<https://astroarpitanath.com/vishkanya-yoga/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.