



Rudraksha for Each Planet: Which Mukhi Matches Which Graha

By Arpita Nath · Gemstones & Rudraksha · 2026-09-17

In Vedic astrology, the nine planets strongly influence our mindset, energy and path in life. When certain planets are challenging or weak in your birth chart, wearing a specific Rudraksha bead - classified by its natural lines or faces (Mukhis) - acts as a balancing remedy to bring harmony, strength and clarity.

Sun (Surya) — 1 Mukhi or 12 Mukhi

The Sun represents our core identity, father figures, authority and life-force energy. When the Sun is weak, it can manifest as low self-esteem, lack of purpose or poor physical stamina.

Wearing a 1 Mukhi or 12 Mukhi Rudraksha helps:

- Awaken natural leadership qualities and commanding presence.
- Rebuild self-confidence, willpower and executive decision-making skills.
- Attract public recognition, fame and professional respect.
- Restore physical vitality, personal magnetism and robust health.

Moon (Chandra) — 2 Mukhi

The Moon rules the mind, subconscious emotions, intuition and our relationship with our mother. An afflicted Moon often leads to mood swings, anxiety, restless sleep and emotional turbulence. Wearing a 2 Mukhi Rudraksha helps:

- Restore inner peace and deep emotional stability.
- Sharpen personal intuition and trust in inner guidance.
- Promote harmonious relationships, mutual respect and family balance.
- Cultivate calm, steady mental clarity even in chaotic environments.

Mars (Mangal) — 3 Mukhi

Mars is the cosmic warrior governing courage, drive, physical vitality and assertion. When Mars is misaligned, it can trigger anger, impulsiveness, lethargy or self-sabotaging fears. Wearing a 3 Mukhi Rudraksha helps:

- Clear feelings of lethargy and ignite dynamic physical drive.
- Build fearless courage to confront difficult situations and take bold steps.
- Dissolve deep-rooted anxieties, self-doubt and past karmic burdens.

- Release chronic guilt and lingering emotional baggage from the past.

Mercury (Budha) — 4 Mukhi

Mercury rules the intellect, analytical reasoning, humor and all modes of communication. A compromised Mercury often shows up as miscommunication, brain fog, speech blocks or memory lapses. Wearing a 4 Mukhi Rudraksha helps:

- Refine public speaking, professional writing and everyday conversation.
- Sharpen logical reasoning, analytical comprehension and problem-solving skills.
- Unlock creative ideas, artistic thinking and original expression.
- Strengthen memory retention, making it exceptionally supportive for students and professionals.

Jupiter (Guru) — 5 Mukhi

Jupiter is the great benefic - the planet of wisdom, higher learning, morality, wealth and good fortune. A strong Jupiter blesses life with expansive opportunities and spiritual depth. Wearing a 5 Mukhi Rudraksha helps:

- Broaden intellectual horizons, life wisdom and ethical discernment.
- Attract financial prosperity, abundance and generous mentors.
- Support consistent academic success, teaching abilities and research.
- Cultivate long-term physical wellness and profound spiritual growth.

Venus (Shukra) — 6 Mukhi or 13 Mukhi

Venus governs love, sensory pleasure, personal charm, romance and artistic flair. If Venus is weak, one might struggle with romantic fulfillment, financial refinement or lack of appreciation for beauty. Wearing a 6 Mukhi or 13 Mukhi Rudraksha helps:

- Deepen emotional intimacy, marital harmony and romantic compatibility.
- Amplify personal magnetism, social charm and charisma.
- Awaken artistic sensibilities, design talents and creative output.
- Attract material comfort, aesthetic enjoyment and a luxurious lifestyle.

Saturn (Shani) — 7 Mukhi

Saturn is the cosmic taskmaster governing karma, discipline, patience and career structure. During intense transits like Shani Sade Sati or major Shani Mahadashas, Saturn demands perseverance through challenges. Wearing a 7 Mukhi Rudraksha helps:

- Build long-term professional resilience, discipline and sustained career growth.

- Anchor financial security and protect against sudden losses.
- Provide soothing relief and patience during grueling astrological phases.
- Guard against negative projections, heavy environments and draining energies.

Rahu (North Node) — 8 Mukhi

Rahu is the shadow planet of ambition, worldly desires, sudden shifts and illusions. When uncontrolled, Rahu can create paranoia, confusion and sudden roadblocks. Wearing an 8 Mukhi Rudraksha helps:

- Dismantle stubborn, unexpected hurdles standing in the way of progress.
- Create sudden breakthroughs, unconventional opportunities and rapid success.
- Clear mental fog, deceptive illusions and misdirected obsessions.
- Form a protective shield against evil eye, envy and toxic outside influences.

Ketu (South Node) — 9 Mukhi

Ketu is the planet of liberation, mysticism, detachment and past-life karma. A challenging Ketu can lead to feelings of alienation, directionless drifting or psychic sensitivity. Wearing a 9 Mukhi Rudraksha helps:

- Deepen meditation practices, mystical insights and spiritual awakening.
- Cultivate healthy detachment from materialistic worries and toxic attachments.
- Fortify the psyche with quiet, unshakeable inner resilience.
- Provide protective spiritual boundaries and energetic grounding.

Working with a Rudraksha is not about quick superstition; it is an ancient practice of aligning your daily physical vessel with cosmic archetypes. Whether you want to overcome a tough planetary period or simply sharpen your natural talents, wearing the bead aligned with your planetary needs provides an enduring anchor for your intentions and personal peace.

<https://astroarpitanath.com/rudraksha-for-9-planets/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.