



The 7 Types of Nakshatras & Their Best Activities : Electional Astrology (Muhurtha)

By Arpita Nath · Nakshatras · 2026-09-17

In Vedic Astrology (Jyotish), electional astrology (Muhurtha) is the art of synchronizing your actions with the natural flow of cosmic time. While a birth chart (Kundli) reflects your karmic blueprint, the daily Moon's passage through the 27 Nakshatras governs the real-time atmospheric tone of the day.

Classical texts categorize the lunar mansions into 7 distinct temperaments (Ganas/Jatis). Initiating an activity under a compatible Nakshatra ensures that your efforts receive natural cosmic momentum rather than resistance.

1. Dhruva / Sthira (Fixed & Constant)

Energy: Grounded, enduring, stable and permanent.

Nakshatras:

Rohini

Uttara Phalguni

Uttarashada

Uttara Bhadrapada

Best Activities:

- Signing long-term contracts and business partnerships
- Buying real estate, land and immovable property
- Laying foundation stones for homes or buildings
- Solemnizing marriages intended to endure for life
- Planting trees, starting gardens and agricultural work

2. Chara / Chala (Movable & Dynamic)

Energy: Fluid, adaptive, fast-paced and temporary.

Nakshatras:

Punarvasu

Swati

Shravana

Dhanishta

Shatabhisha

Best Activities:

- Starting journeys, road trips and traveling abroad
- Purchasing vehicles, automobiles and transit machinery
- Launching quick marketing campaigns, product promotions and sales sprints
- Changing jobs, transitioning careers or moving homes

3. Ugra / Krura (Fierce & Aggressive)

Energy: Forceful, destructive, intense and dominating.

Nakshatras:

Bharani

Magha

Purva Phalguni

Purvashada

Purva Bhadrapada

Best Activities:

- Facing adversaries, competitors or resolving conflict through force
- Demolition, dismantling physical structures and clearing debris
- Terminating contracts, firing non-performing staff and restructuring teams
- Initiating lawsuits, legal confrontations or dealing with weapons
- Setting strong personal, legal or professional boundaries

4. Mishra / Sadharana (Mixed & Sharp-Mild)

Energy: Dual-natured, capable of both delicate precision and fiery execution.

Nakshatras:

Krittika

Vishakha

Best Activities:

- Purchasing electronics, heavy machinery or cooking apparatus
- Cooking, culinary events and work involving heating or fire
- High-intensity aggressive sports, workouts and competitive drills
- Filing taxes, auditing accounts and tasks requiring sharp focus and technical execution

5. Kshipra / Laghu (Swift & Light)

Energy: Rapid, immediate, buoyant and high-frequency.

Nakshatras:

Ashwini

Pushya

Hasta

Abhijit (the intercalary 28th nakshatra, aligned here in classical Muhurtha)

Best Activities:

- Starting a new business, shop opening or trade debut
- Taking medicine, starting a medical treatment or undergoing healing therapies
- Applying for bank loans, processing financial paperwork and giving/receiving credit
- Any commercial or creative task requiring fast turnaround and immediate results

6. Mridu / Mitra (Tender, Sweet & Friendly)

Energy: Soft, loving, artistic and peaceful.

Nakshatras:

Mrigashira

Chitra

Anuradha

Revati

Best Activities:

- Making new friends, networking and deepening social alliances
- Romance, dating, proposals and celebrating weddings
- Buying fine jewelry, cosmetics, designer apparel and luxury goods
- Learning music, fine arts, dance or creative crafts

- Hosting peaceful family gatherings, parties and festive reunions

7. Tikshna / Daruna (Sharp & Dreadful)

Energy: Cutting, piercing, radical and surgical.

Nakshatras:

Ardra

Ashlesha

Jyeshtha

Mula

Best Activities:

- Formal separation, filing for divorce or serving legal notices
- Breaking addictive patterns, ending toxic habits and deep detoxes
- Advanced occult practices, tantra, deep psychological excavation and exorcism
- Root-cause investigation, auditing fraud and completely dismantling obsolete systems

Practical Rule of Thumb for Daily Muhurtha

1. Check the Daily Moon Nakshatra: Determine which lunar mansion the Moon is currently traversing in the daily ephemeris (Panchang).

2. Match the Nature to the Action: Never start a permanent venture (like a wedding or buying a house) under a Chara (movable) or Tikshna (dreadful) Nakshatra. Save those days for travel, breakups or radical detoxes.

3. Harmonize Stability with Sweetness: For life milestones like marriage and contracts, always prioritize Dhruva (Fixed) or Mridu (Tender) constellations.

<https://astroarpitanath.com/7-types-of-nakshatras/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.